

You should pray! When in trouble, when hurting, when backslidden.

"The prayer of a righteous man is powerful and effective." (James 5:16c)

We do believe this word in Scripture. Everyone who had a life-changing experience with God truly believe in our hearts that God is real and that he answers prayer. And we all have the desire to be able to pray in such a way that something important may happen - or change.

Yet *it is not the belief in prayer that will change our lives and help us to experience a faith that works.*

It is not the intentions to pray that will bring God's interventions to resolve our fears and problems!

IT IS TO PRAY that will make the difference!

It is going on our knees and listening to and speaking to God that will make us experience that prayer is powerful and that God answers our humble petitions.

We know that if we would spend more time before God in prayer, we would see more of his Kingdom manifesting in our lives and the lives of others. When we find ourselves at the stress points of life, prayer should be the first thing we do, not the last.

When you are bruised, you should pray. *"Is any one of you in trouble? He should pray."* (James 5:13)

When you are broken, you should pray. *"Is any one of you sick? He should call the elders of the church to pray over him.... and the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven."* (13. 14-15)

When you are backslidden, you should pray. *"Whoever turns a sinner from the error of his way will save him from death and cover over a multitude of sins."* (13. 19-20)

The main teaching of James on prayer is that **you should actually pray** and not only talk about prayer! Faithful, humble prayer will change our lives, our families, our church and our world!